

THE MYMAC KANGAROO



The MyMac Kangaroo is designed to hold your iMac on the iMac Shelf and your Keyboard and Mouse on the Work Platform. Your MyMac Kangaroo is shipped in the down position with both the iMac Shelf Brake and the Work Platform Brakes tightened.

The MyMac Kangaroo has (2) very strong springs that assist in raising your unit to the standing position and work best when your iMac and Keyboard are in place. This reduces the amount of pressure needed to lower the unit. **Always push down with both hands on the horizontal rear rail when lowering the work platform.**

Any questions about The MyMac Kangaroo
Contact us at info@ergodesktop.com or 866-232-7988



optimal location for support leg

HOW TO USE THE MYMAC KANGAROO

Your iMac or Apple Monitor is very heavy and the springs used to support it are very strong. It may take a few days to get used to the body mechanics required to lower the unit.

To raise the Kangaroo, loosen the main brake (C) and lift the main work surface on the sides (D & D).

To raise your monitor, loosen the monitor brake (A) and lift the monitor shelf to the desired height.

To lower the Kangaroo, loosen the main brake (C) and lean into the unit using your upper body weight pushing down with both hands on the horizontal bar at the rear of the main horizontal work surface (B & B).

To Lower the monitor shelf, loosen the monitor brake (A) and push down with one or two hands on the monitor shelf.

A. Monitor Brake

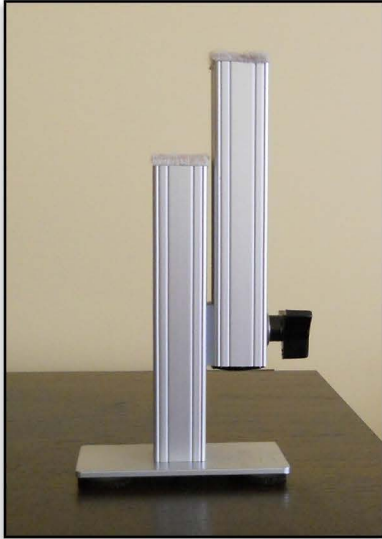
B. Work Surface Rail

C. Main Brake

D. Main Work Surface



THE STABILIZATION LEG



Your adjustable height desk unit comes with an adjustable leg that can be used to give you maximum stability when you are using “The Kangaroo” in the standing position.

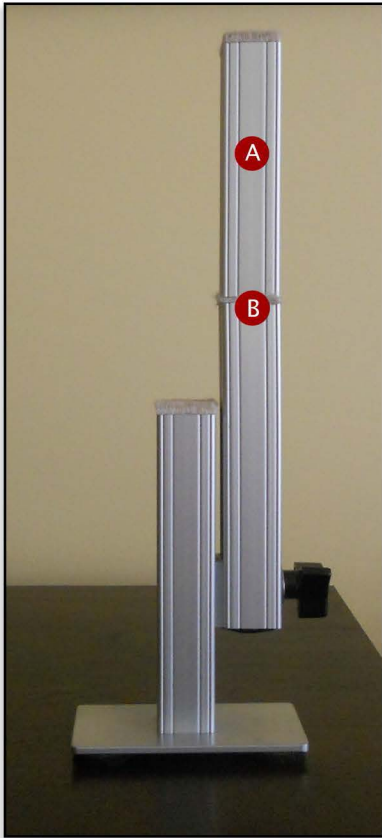
Raise The Kangaroo work surface to your desired standing height and tighten the work surface brake.

Place the adjustable leg under the work surface and loosen the adjustable leg brake. Only loosen the brake by a turn or two, to much and the brake will disengage from the slot.

Extend the adjustable leg until it engages the bottom of the work surface and then tighten the adjustable leg brake.

The leg is shipped with the **extension section** installed to give you additional height adjustment. If this is too tall for your application, simply **unscrew the extension section**.

- A** Extension Selection
- B** screws into here



ALWAYS REMOVE LEG BRACE BEFORE LOWERING THE WORK SURFACE.

